



# The College of International Holistic Studies

The College of International Holistic Studies is built on a firm foundation designed to synergistically blend the rigor of medical science with the time-tested power of alternative and integrated therapies. Our teachers are selected for their expertise and ability to blend both science and the art of healing. Each program is designed to provide you with the practical knowledge and experience to heal using real-world tools, as well as the consciousness to appreciate the metaphysical tools that our souls provide.

## Diploma in Energy Medicine

### DIPLOMA CODE: DEM 100

Become a Professional Healer—Everything Is Energy:  
In this twelve-month program you will develop your natural ability to sense and channel energy to build your intuition, heal all levels of energy in others, and attract clients to your business.

The human body contains energy channels, known in Chinese healing as meridians, and in SANSKRIT as chakras, which collect and transport energy throughout the body and energy field. These energy channels can be utilized to sense disease and to promote wellness. Everyone has one or two levels of natural energy awareness.

Janet Amare has been a professional healer since 1984 and will help you to understand your natural abilities and will help train you to expand your intuitive abilities and skills in channelling energy to others. By the end of the ten month course you will have the tools to begin your personal healing practice or to develop a coaching or counselling practice. Janet will work with you throughout the process to help you to assess and develop your personal skills for the work you choose to do.

Develop Your Discernment & Spiritual Connection- 12 online Modules of Seminar; Lecture, Hands-On, practical Practice, Workshops and Audio Lessons; Online video Tutorials, Personal Coaching; Group online coaching, Reading, and Case Studies. (Total-over 525 hours).

### COURSES:

- DEM 101 Spiritual Principles of Healing
- DEM 102 Channeling Energy and Insight
- DEM 103 Sacred Geometry and Understanding the Chakra System
- DEM 104 Sensing and Using Energy To Heal
- DEM 105 Advanced Hands-on Healing Using Light, Colour & Sound
- DEM 106 Advanced Hands-on Healing of Organs, Systems & Chakras
- DEM 107 Regression to Release Limiting Decisions
- DEM 108 Counselling, Coaching & Grief Healing
- DEM 109 Interview & Listening Skills
- DEM 110 Spiritual Business Practices
- DEM 111 Spiritual Principles to Attract Clients
- DEM112 Practical Experience with Hands-On client

### EVALUATION:

Hand-in Exercises, Reading, Completion of videos, Case Studies, Exam

### PREREQUISITES

High school diploma

Fluent in the English language

Acceptance into the program is based on your personal interview with Janet Amare, the instructor, and answers to a short questionnaire. Book your appointment today.

### DURATION:

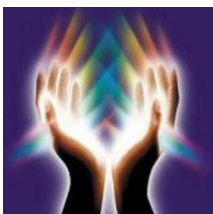
500 clock hours over 10 months

### CLASS TIME:

**Live Class Version:** 9am - 5pm 1 weekend day per month

**Online Virtual Class Version:** 1.5 hours, one day per month

The Course is typically run via online video and one, one hour live video meeting per month. You determine when you will begin the learning. Generally, the course will be completed over 12 months. Additional content will be provided through readings, live check-in sessions with your instructor, and feedback on your case studies. A reading list, will be provided once you are approved for admission.



INNOVATIVE LEARNING THROUGH **ONLINE** VIRTUAL CLASSROOM COURSES

Visit [www.cihs.ca](http://www.cihs.ca) or [www.naturalmedicinecollege.ca](http://www.naturalmedicinecollege.ca)

to receive a **BROCHURE** with tuition pricing

Tel: 877-596-2368

Email: [admissions@cihs.ca](mailto:admissions@cihs.ca)

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## Diploma in Energy Medicine

### COURSE DESCRIPTION:

#### DEM 101 Spiritual Principles of Healing

This course will focus on how Spiritual healing differs from traditional medicine and pharmacology. It will cover the fundamentals of universal laws; channelling, psychic readings, prophecy, karma, and how they relate to healing.

#### DEM 102 Channelling Energy and Insight

Understanding energy, building and channelling energy in the body, developing your chi sense with Qi Gong and using tools to measure energy.

**DEM 103 Sacred Geometry & Understanding the Chakra System** Seeing the body as your temple and using tools to interpret energy flow.

#### DEM 104 Sensing and Using Energy To Heal

Using a pendulum and dowsing. Interpreting messages, dreams, and life events. Building your personal energy field. Learning how your body and sensory apparatus sense, read, and interpret energy

**DEM 105 Advanced Hands-on Healing Using Light, Colour & Sound** Learning to build, receive, transmit and sense energy in humans, places, objects, and thoughts.

**DEM 106 Advanced Hands-on Healing of Organs, Systems & Chakras** Specific techniques to repair, rebuild, and transform the physical, emotional, mental and spiritual bodies using energy and intent.

#### DEM 107 Regression to Release Limiting Decisions

Developing the skills to travel in space and time to heal decisions and experiences that limit and to imprint positive energies to improve the present.

**DEM 108 Coaching, Counselling, & Grief Healing** Advanced listening, interviewing, and presentation skills – what are they and how do you use them using spiritual insight. Sensing and using energy across the room.

#### DEM 109 Spiritual Business Practices

Magnetizing, promoting, attracting. How is a spiritually based business different from traditional ones? Founding energy - how do you create from a spiritual source. Workshop format with direct results, such as flyers, brochures, seminars, business cards, or healing processes.

#### DEM 110 Spiritual Principles to Attract Clients.

Understanding and using energy principles to build your business, attract new work, and maintain a positive spiritual presence.

### PAYMENT OPTIONS (CAD\$):

**Non refundable deposit of \$230.00 to Janet Amare plus**

- **Option 1:** Full tuition by September 1st **\$3590.00**
- **Option 2:** Payment beginning of each month **\$380.00**
- **Option 3:** Payment on Sept.1st, Dec.1st, Mar.1st **\$1260.00**

### HOW TO APPLY:

**Register for this program by proceeding to Home Page**

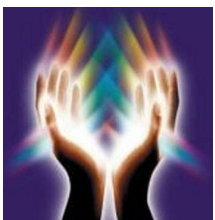
1. **Student Registration Button on [www.cihs.ca](http://www.cihs.ca) or [www.naturalmedicinecollege.ca](http://www.naturalmedicinecollege.ca)  
Pay your \$75.00 non refundable student registration fee**
2. **which will entitle you to an education tax receipt and a Diploma upon graduation.**
3. **Contact Janet Amare for a 20 minute phone consultation**
4. **Send your registration form and deposit to Janet Amare.**

### DELIVERY OF PROGRAM:

Course begins once you are registered and enrolled.

T-2202A Tax Receipt will be issued if registered with CIHS. You must register before the end of Dec. 31st in the year in which you start classes to receive a tax receipt for that year.

**CIHS does not guarantee job placement after completing any of our programs.**



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